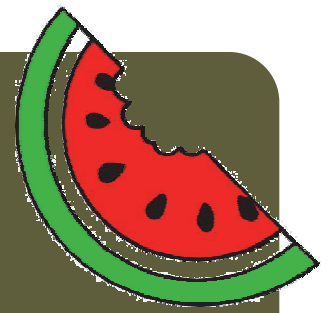


403 W. Chestnut St.  
Pardeeville, WI 53954  
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# Tooth Talk



## Pardeeville Family Dentistry

ALL ABOUT HEALTHY BEAUTIFUL SMILES Virginia Scott DDS

### Special Points of Interest:

- Message from Dr. Scott
- Oral Hygiene and Orthodontics
- Did You Know.....
- Kids Corner
- Reasons to Consider Orthodontics
- Invisalign vs Braces
- Cavity Free Club
- Who Could This Be....?

## A Message From Dr. Scott.....

I hope all of you had a great summer. I enjoy summer so much, it is my favorite time of year. I do also look forward to the changing seasons and all that happens in the fall.

I had an opportunity this summer to take a long weekend and drive down to my hometown in Southern Indiana. I really enjoyed visiting with my relatives. I also took time to stop and see my best friends from college, high school and yes, even grade school.

Trips like this create mixed emotions. Some of my friends I had not seen or kept in touch with in over 20 years. Even though there were lots of changes; children growing up,



the 16 years I have been here. There have been improvements in materials and technology that allow us to do same day crowns and cone beam x-rays that help us diagnosis pathology better. Our knowledge of the effect of our oral health on the rest of the body, especially the heart has increased. The use of implants to replace missing teeth or anchor dentures has helped so many patients.

Even with all the improvements in dentistry, my goal as a dentist remains the same. And that is to help patients achieve their best oral health.

grandchildren, career changes, a few more wrinkles and pounds — they were still the person I remembered.

So this trip got me thinking of my dental career I realized that there have been many changes in

I wish all of you a great fall & a really long one!

## A Healthy Beautiful Smile

Having straight teeth is not just a matter of looking good. While correcting crooked or crowded teeth can help to significantly improve one's appearance by bringing teeth, lips and face into proportion, it can also contribute to your overall dental health and wellbeing.

Having straight teeth will help you maintain better oral hygiene and reduce your long-term risk of dental caries and bad breath. This is because misaligned teeth are harder to clean, allowing plaque to

build up in areas that trap food residue. This will cause bacteria to multiply in the areas that are neglected, heightening the risk of developing cavities and bad breath.

For those of you thinking of the metal braces and wires which are usually associated with conventional teeth-straightening treatments, there is a more discreet treatment to consider. Invisalign can move teeth into your proper alignment without compromising

your smile for 1-2 years.

The clear Invisalign aligners that are used to reposition teeth are also removable, allowing patients to maintain good oral hygiene and enjoy their food throughout treatment. Treatment options for all ages.



Visit us at [WWW.CLEARBRACESPARDEEVILLE.COM](http://WWW.CLEARBRACESPARDEEVILLE.COM)

# Why Are Crooked Teeth a Problem?



**Crossbite:** Here the upper teeth seat considerably inside or outside the lower teeth. **Potential Issues:** Premature tooth wear and risk of chipped teeth. Abfraction — small notch in the tooth at the gumline. Periodontal disease, tooth and bone loss.

when you bite down, this is referred to as an open bite.

**Potential Issues:** Because the front teeth don't share evenly in the biting force the back teeth may be subjected to too much pressure. This makes chewing difficult and can lead to premature wear on the back teeth. Abfractions (small notch in the tooth at the gumline), Periodontal disease, tooth and bone loss.

**Crowding/Spacing:** If there is not sufficient space for the teeth this will result in crowding. **Potential Issues:**

**Other reasons you may need Orthodontics That Are Less Cosmetic**

Breathing or swallowing problems: Mouth breathing can lead to snoring and sleep apnea.

Jaw or Joint Pain, TMJ, Vertigo and Frequent Headaches can be attributed to your teeth and jaw not lining up correctly.

Missing or extra teeth: Due to decay, injuries or inherited problems. If not corrected with orthodontics or tooth replacement options this can lead to crowding, trouble chewing and bone loss.

Self Image: An attractive smile can boost a person's self image and confidence.

Speech Chewing or biting problems

Build up of plaque and tartar, harbors harmful periodontal bacteria, risk of periodontal disease tooth and bone loss.



**Deep bite and Overbite:** This occurs when the upper front teeth overlap extremely over the lower teeth. In some cases the biting edges of the upper teeth touch the lower front gum tissue.



**Potential Issues:** Over-erupted lower front teeth that can damage the roof of the mouth and premature wear and chipping of the lower front teeth.



**Open Bite:** If your upper and lower front teeth don't meet



**Congratulations Jason Ramirez won the Oral B electric tooth brush from Pardeeville's Back to School Night**

## Did You Know.....

### Want a Great Smile? Brush, Floss....Eat Yogurt....?

Researcher found that daily intake of dairy food containing lactic acid, such as yogurt is associated with lower prevalence of severe periodontal (gum) disease and tooth loss in non-smoking adults.



- The average woman smiles about 62 times a day! A man only 8! Kids laugh around 400 times a day. Adults.....just 15.
- According to the recent American Academy of Cosmetic Dentistry Survey, 92% of Americans believe that an attractive smile is an important social asset.
- 50% consider the smile the first facial feature they notice when talking to another person.

# Please Call US.....



We know everyone has busy lives, when you receive this postcard please give us a call at your convenience. This way we are not calling, interrupting your busy schedules.

When you call and keep your original appointment your name will be entered into our monthly drawing for a chance to win a \$25 gift certificate from Piggly Wiggly. Congratulations to Gale Neef winner for June and Marie Vondersump for July!

Pardeeville Family Dentistry  
Virginia Scott, D.D.S.  
PO Box 127  
Pardeeville, WI 53954  
(608) 429-3175

At your last appointment you reserved the time below for your next hygiene appointment. Please call today to let us know if you received this card.

Day Date Time

We look forward to spending time with you again!



## Giving Tree 2011

Dr. Scott and Pardeeville Family Dentistry will again host the Pardeeville Area Giving Tree. Dr. Scott has hosted this project since 2003 and is very proud of the giving response from the Pardeeville area Secret Santas.

People interested in brightening a child's Christmas should visit our lobby starting on November 21st. We will have the giving tree up with gift tags attached. Our address is 403 W. Chestnut Street in Pardeeville.

Should you not be in a position to shop for gifts we would be happy to accept your cash gifts and shop/wrap for you. You may send your checks to our office clearly marked giving tree gifts.

Any questions call Pardeeville Family Dentistry 1-608-429-3175.

## Employee Spotlight



### Shelbie Baner our New Dental Hygienist

Shelbie graduated from Hawkeye Community College in Waterloo, Iowa in May of 2011. She was inspired to become a Hygienist by her mother who had been a dental assistant for 20+ years. She grew up on an organic farm with two brothers. She is a great asset to our dental team here at Pardeeville Family Dentistry and we are fortunate to have her.

# Cavity Free Club

## Oscar's Corner



- Matt Gust
- Martin Spinelli
- Hayden Kinsman
- Macy Cross
- Brody Theel
- Ashleigh Theel
- Carilyn Kopfhamer
- Gabby Dannehl
- Zoe Soleimani
- Madelyn Cook
- Jolee Ruck
- Caleb Gard
- Abbigail Kuhn

- James Miller
- Jeremy Saloun
- Addison Kohler
- James Triggs
- Nicholas Zeimet
- Zachary Triggs
- Karigan Hunter
- Austin Triggs
- Tyson Prochnow
- Lauren Schaller
- Anna Schaller
- Connor Hunter
- Tyson Prochnow
- Dean Rupert

- Alex Kuhn
- Briana Fitzpatrick
- Tori Paskey
- Jo Keichinger
- Zach Fitzpatrick
- Justine Kirkharm
- Harrison Kirkharm
- Haakon Johnson
- Seth Bronson
- Tyler Mast
- Alexis Mast
- Noah Mast
- Zaiden Katsma
- Alicia Poole

- Hayden Lehr
- Ryan Mast
- Alison Brodie
- Katelyn Cook
- Catherine Kopfhamer
- Dustin Brodie
- Gracie Mast
- Tyson Melter
- Logan Melter
- Jesse Ramsey
- Jason Kopfhamer
- Katherine Rieckmann

# Who Could This Be.....?

Forward your guess as to who you think this is to the office by November 1 and your name will be entered in a drawing for a Portage Theatre Gift Card.

GOOD LUCK!!!

My Guess \_\_\_\_\_

My Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

If you guessed Kimber C for last quarters issue; good job! Congratulations to Ashley Frosch for being our winner of 5 movie passes to Portage Theatre.



## Office Information

### Phone Numbers

Office .....(608) 429-3175

Fax .....(608) 429-3776

Toll Free ....(877) 828-5855

[www.pfdtoothtalk.com](http://www.pfdtoothtalk.com)

### Office Hours

Monday 7am to 3pm

Tuesday 7am to 3pm

Wednesday 7am to 3pm

Thursday 7am to 3pm

Friday By appointment only



# Happy Halloween

## The Team

Virginia Scott ..... DDS

Ken Binkley ..... DDS

Alan ..... CFO

Tina ..... Office Manager

Kelly ..... Scheduling Coordinator

Melissa K ..... Treatment Coordinator

Kimber ..... Treatment Coordinator

Melissa S ..... Dental Hygienist

Jamie ..... Dental Hygienist

Shelbie ..... Dental Hygienist

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SHARE US WITH A FRIEND

ADDRESS SERVICE REQUESTED

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