



# Tooth Talk

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[www.pfdtoothtalk.com](http://www.pfdtoothtalk.com)

*"Changing Smiles Everyday"*

## A Message From Dr. Scott

Dear Patients:

As you read this the majority of summer is over and we are looking toward fall already. Summer and fall always makes me think of kids and memories of previous years gone by.

Thinking of children reminds me also of the many dental changes in recent years for children. The American Dental Society and American Pediatric Dental Society are working to raise the awareness of the importance of dental health in children. Their goal is for every child to have a dental home.

We have implemented many new ideas in recent years, to help improve the dental health of children. These include well baby exams by one year of age. We now have **"CHILDREN'S DAY"** which is geared especially for young children. We have also developed a remineralization program for children with a high risk of dental decay.

I have been here long enough to see many of my patients grow from child-



hood to young adults. It always makes me feel so good to see many of these young adults with no cavities. It is my goal that many more of the young children I see now, will also reach adulthood without any cavities.

I would like to thank all the parents and care givers who have helped their children. Reaching these goals could not be done without you.

Wishing everyone a wonderful rest of the summer.

*Virginia Scott, DDS*

## Cavities: Not Just For Kids!

A cavity begins with the reaction between certain bacteria and what we put in our mouths. Many types of bacteria live naturally in our mouths and when combined with food debris and saliva, will form a sticky film called plaque. If plaque is not removed frequently it produces acids that will attack the tooth enamel and begin tooth decay.

The simplest way to remove plaque is to floss daily and brush your teeth at least twice a day and remain on a regular schedule of professional dental cleanings. (Usually every six months).

You may be surprised that even "healthy" snacks of dried fruit can be just as much of a cavity risk as a mouthful of jubes or other chewy candy because of the sticky nature of the snack, which prolongs the exposure to the tooth surface. Also popping breath mints or sipping drinks (even diet) other than water throughout the day, creates a constant supply of acid to your mouth and teeth. Good oral hygiene, in addition to being aware of what you put in your mouth and when, will give you the best chance of avoiding plaque and keeping your teeth free of decay.

Only a dentist can identify early dental decay; once you feel sensitivity to sweet foods, or to hot and cold temperatures, it usually means the decay has already eaten through the enamel.



As with most things, it's more comfortable, less expensive and less invasive to catch and fix problems early. If you have fallen behind on your regular schedule appointments call our office today... We would be happy to see you.

## Who Could This Be?

The only clue is that it is a photo of a team member of Pardeeville Family Dentistry.

Forward your guess to the office by September 15th and your name will be entered in a drawing for five Portage Theatre tickets. GOOD LUCK!

My guess is \_\_\_\_\_

My Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_



# Happy Ending

Everyone likes a happy ending! This is one that happened at our office.

An, 18 year old, young man came to our office with three teeth missing. He was the victim of getting hit in the mouth participating in a sports activity three years ago.

Expressing concerns about his appearance he decided to go forward with implants fully expecting to pay the expenses out of pocket.

Because of the situation our Office Manager, Tina Novy, decided she would call the patients Health Care Provider. Everyone was delighted to find out that in this case there is coverage.

Every policy is different pertaining to coverage and time limits of coverage after an accident. You may be thinking that perhaps you have a similar situation and financially not able to pay for implants out of pocket.... if so, you may want to call your Health Care Provider and explain your situation and see if you too have coverage.

## What Is Cosmetic Contouring

Many of us have one or more teeth that are slightly misshapen or out of place. We may not consider them an impediment, but the look of them bothers us from time to time. If you can personally relate, you'll be pleased to learn that in many cases your smile can be perfected with minimal time, effort and expense through in-office tooth reshaping.

Tooth reshaping, or contouring, is an instant, pain-free solution to minor cosmetic imperfections, such as slightly crooked, chipped, cracked or overlapping teeth.

In most cases, we would simply remove some of the surface enamel from your tooth in order to eliminate or minimize the imperfection. We would then contour your tooth into an esthetically pleasing shape, and then smooth and polish it for an improved new smile. In some cases tooth bonding may be necessary to complement the reshaping procedure and fill in any gaps.

Sounds like something that would interest you? Make sure to ask Dr. Scott about your individual needs at your next visit.

## Why Is A "WHITE" Composite Material A Good Idea?

In addition to teeth whitening it is the easiest, safest and quickest way to brighten your smile. Patients are requesting that we scrap the metal in their mouths and replace it with natural-looking "white" composite materials.

White fillings are not only aesthetically pleasing, they also have the convenience of quick curing (hardening), allowing your tooth to be fully functional as soon as you leave our office.

Composite fillings restore most of the original strength of the tooth and tend to be less sensitive to hot and cold. They are mercury-free, which is viewed by some as being toxic. A very important point is that they require less of the tooth structure to be removed.

Our teeth are under constant stress, causing fillings to eventually crack, chip, fall out or simply wear away over time. The key to avoiding unnecessary discomfort is to stay one step ahead of any

loose or worn fillings by replacing them before they become a painful problem. A preemptive and relatively simple procedure

will be more economical and comfortable for you in the long run.

Ask us about replacing your old, metal fillings with natural looking

composites, and find out how easy it is to bring a fresh young look back to your smile.

### **Just For The Fun Of It!**

A new business was opening and one of the owner's friends wanted to send him flowers for the occasion. They arrived at the new business site and the owner read the card... "Rest in Peace."

The owner was angry and called the florist to complain.

After he had told the florist of the obvious mistake and how angry he was, the florist replied, "Sir, I'm sorry for the mistake, but rather than getting angry, you should imagine this: somewhere, there is a funeral taking place today, and they have flowers with a note saying... "Congratulations on your new location!"





# Cavity Free Club GOOD JOB!!!

Great big congratulations to all of you who had no cavities last year. Keep up the good work.

**Brushing and Flossing is SO important.**

April, May, June 2010



**Mason Hinkley**  
Congratulations to Mason Hinkley. Mason's name was drawn as the winner for the Cavity Free Club.

Natalie Allison  
 Ryley Anacker  
 Siera Anacker  
 Mallory Baures  
 Calvin Behnke  
 Kameron Beneventi  
 Drew Bernhagen  
 Callie Brouette  
 Erik Brouette  
 Mikayla Brouette  
 Trevor Brouette  
 Katlin Claesges  
 MacKenzie Claesges  
 Nichole Colrud  
 Madelyn Cook  
 Anna Davidson  
 Kylie Dechert

Alexa Dunn  
 Aubrey Duranceau  
 Briana Fitzpatrick  
 Zach Fitzpatrick  
 Kailee George  
 Ariaa Gorde  
 Piper Gorde  
 Jessika Gray  
 Carly Hebl  
 Mason Hinkley  
 Dakota Johnson  
 Ryder Johnson  
 Harrison Kirkham  
 Justine Kirkham  
 Celia Kopfhamer  
 Zach Lamke

Gracie Mast  
 Tyler Mast  
 Logan Melter  
 Tyson Melter  
 Connor Metzler  
 Grayson Metzler  
 Alexis Monosa  
 Emily Monosa  
 Tyler Monosa  
 Tori Paskey  
 Henry Pieper  
 Brenden Price  
 Teagan Prochnow  
 Trajen Prochnow  
 Tyson Prochnow  
 Dylan Quade

Jesse Ramsey  
 Katherine Rieckmann  
 Anna Schaller  
 Alyssa Kathleen Sell  
 Bret Sell  
 Kaia Shucha  
 Taryn Shucha  
 Kavanaugh Steffes  
 Izzy Toth  
 Austin Triggs  
 James Triggs  
 Samantha Turner  
 April Weatherbee  
 George Weatherbee  
 Jacquelyn Weatherbee  
 Kiera Werner

## Your Child's First Visit To The Dentist

Your Child's first set of teeth, are extremely important. Strong, healthy primary teeth help your child chew food easily, learn to speak clearly, and look good. Your child's general health can be affected if diseased and broken primary teeth are not treated early.

At what age should my child first see a dentist?

Ideally, it is best to take your child to the dentist by the age of one year. In addition to checking for decay and other problems, the dentist will teach you how to properly clean your child's teeth daily, evaluate any adverse habits such as thumb sucking, and identify your child's fluoride needs. When problems are found early, they are easier to treat.

What can I expect at my child's 1st visit?

You will be asked to fill out a form to give to Dr. Scott with information about your child's health and current habits. If you have any questions or concerns,

please ask Dr. Scott.

The age and cooperation of the child will determine how the exam is done. Younger children are frequently done in the "knee to knee" position. Older children may sit on the chair by themselves or possibly on mom or dad's lap.

Besides the exam, Dr. Scott will swab the mouth with an antiseptic mouthwash and then apply fluoride for the younger children. Older children will have their teeth "tickled" and tooth "vitamins" applied.

Is there a best time of the day for my child to see the dentist?

Many dentists including Dr. Scott prefer to see young children in the morning, when they are rested and more cooperative. Morning appointments also don't conflict with mealtimes and naps.

We at Pardeeville Family Dentistry have set aside special Wednesday mornings for you to schedule your children's

appointments. They can learn many things about brushing and flossing from our kid friendly videos that we show on these days. Our goal is to make their visit a pleasant adventure.

## Are You a Cold Sore Sufferer?

As a complimentary service to our patients who do suffer from cold sores Dr. Scott with the aide of our Diode Laser will treat those cold sores for you at no charge.

If you get up in the morning with one coming on... simply call the office (429-3175) and we will be happy to work you in.

You can read more about the Diode Laser on our web site [www.pfdtooth-talk.com](http://www.pfdtooth-talk.com) or ask Dr. Scott at your next visit.



# Hello Everyone At Pardeeville Family Dentistry

I have made a difficult decision to move and be closer to my family and fiancé. It has been such a pleasure meeting everyone and getting to know you and your families. Thank you for being such great patients!

I would like to give an extra special thanks to Dr. Scott and the entire staff at Pardeeville Family Dentistry. You all have been so wonderful and I can't thank you enough for your genuine kindness, support and friendship.

I will miss everyone here at PFD, but I promise to keep in touch. Have a great summer.



**Callie Uthe**

# Introducing Finnegan Bentley Clark

**AKA Finn**



We are proud to introduce Finn pictured with his proud Mom Kimber.

I'm sure you all know Kimber as she is one of Dr. Scott's Treatment Coordinators. Finn was born on March 22, 2010 and was 8 lbs. 4 ozs. and 21 inches long. What a bundle of joy.

## Phone Numbers

Office.....(608) 429-3175  
 Fax..... (608) 429-3776  
 Toll Free..... (877) 828-5855

Visit our website at  
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## Office Hours

Monday 8 a.m. to 5:00 p.m.  
 Tuesday 8 a.m. to 5:30 p.m.  
 Wednesday 8 a.m. to 12 noon  
 Thursday 8 a.m. to 5:30 p.m.  
 Friday By appointment only

## Office Information

### Staff

Virginia Scott..... DDS  
 Ken Binkley ..... DDS  
 Alan ..... CFO  
 Tina ..... Office Manager  
 Kelly ..... Scheduling  
 Coordinator  
 Linda..... Community  
 Relations

Melissa ..... Treatment  
 Coordinator  
 Kimber..... Treatment  
 Coordinator  
 Cindy..... Dental Hygienist  
 Hannah ..... Dental Hygienist  
 Melissa ..... Dental Hygienist  
 Jamie..... Dental Hygienist

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