



Tooth Talk

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"Changing Smiles Everyday"

A Message From Dr. Scott

As some of you know, I was asked to help sponsor the D.A.R.E. program this year. This turned out to be a wonderful experience for me. I found out what a great program D.A.R.E. is and I think everyone involved deserves a big thank you for all they do. I appreciate the opportunity to help support this educational program.

Summer is definitely my favorite season of the year. I love to sit outside and enjoy the sights and sounds of nature. Linda started off our summer with a cookout and outdoor staff meeting. The weather was nice and the company good. What a great way to work.

Please remember safety this summer and to wear mouth guards and protective gear during sports.

Summer is also a busy time for most of us. Please schedule any hygiene or dental appointments early in the summer, before the back to school rush. We need your help so we are able to get all of you in before school starts.



I wish all of you a fun and safe summer.

Breast Cancer Walk/Run

On May 2nd 2009 the Pardeeville Student Council had their first breast cancer walk.

Dr. Scott was proud to be a sponsor of this event and I (Linda Gustrowsky) PFD Community Relations Coordinator, was equally proud to be part of the walk along with my daughter and granddaughter. The original goal for the walk was to have 100 walkers. However, due to the excellent organizational skills by the Student Council and Carol Babcock (breast cancer survivor) that goal was smashed and 420 walkers were present. Susie Favor Hamilton (Olympic runner and winner) was also present and ran in the event. Once more I have witnessed the heartwarming support of the Pardeeville area people and my hope is that next year we will exceed this number.

Benefits Of Preventive Dental Care

Three out of five children visit a dentist at least once a year. While parents may avoid taking a child to the dentist to save money, studies show that children who have their first visit before age one have 40% lower dental costs in their first five years than children who don't. **This makes preventative care a sound health and economic investment.**

Further studies show that children

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We Are Proud Sponsors Of Our Local D.A.R.E. Program

D.A.R.E. (Drug Abuse Resistance Education) was founded in Los Angeles in 1983 and has proven so successful that it has been implemented in 75 percent of our nation's school districts. The program's lessons are led by police officers to children from kindergarten through 12th grade and they are taught how to resist peer pressure and live a productive drug and violence-free life.

D.A.R.E. goes beyond traditional drug abuse and violence prevention

programs. It gives children the skills needed to recognize and resist the subtle and overt pressures that cause them to experiment with drugs or become involved in gangs.

We at Pardeeville Family Dentistry are proud sponsors of this year's program.





Melissa Kolkovich Is Back

You will remember in the Spring Newsletter that after having her daughter Malory, Melissa was out on maternity leave. Well, Melissa and her friendly smile are back. Make sure the next time you are in the office you ask to see a picture of Malory (I'm sure she will have one).



Scholarship Recipient

Dr. Scott has offered a scholarship since 2000 and we are excited to announce that Melanie Glasser-Hoyt was awarded our scholarship this year. Melanie will be attending the University of Wisconsin Stevens Point and her intended major area of study will be Pre-Dentistry. Melanie we wish you much success.

Cheryl Falstad

Cheryl has been married to her wonderful husband Kent for nineteen years. They have a 16 year old daughter named Lauren and a 9 year old son named Blake.

Cheryl and her family have resided in Wyocena for the past 4 years after living in Madison for 11 years.



Previously being a stay at home mom, Cheryl decided to re-enter the work force by pursuing her hopes of getting into the dental field. Pardeeville Family Dentistry offered her the opportunity to pursue her desires. Cheryl enjoys the interaction and care of the patients and has always had an interest in maintaining and keeping a healthy smile.

For self-enjoyment Cheryl loves to read and write, but most of all loves to spend time with her family hiking and vacationing.

Piercing

Piercing, like tattooing, is just one of today's popular forms of "body art" and self-expression. It may seem daring, cool and totally safe, but piercing the tongue, lips, cheeks or uvula (the tiny tissue that hangs in the back of the throat) is not as safe as you may believe. That's because the mouth's moist environment is home to huge amounts of breeding bacteria.

An oral piercing can interfere with speech, chewing or swallowing and can cause excessive drooling, infections, chipped teeth, injuries to the gums, sensitivity to metals and nerve damage.

No one should ever pierce on a whim as it will be an added responsibility, requiring constant attention and upkeep. Anyone interested in oral piercing should first talk to their dentist for more information.

Kimber Clark

Kimber recently joined the Pardeeville Family Dentistry team as a dental assistant. She is originally from the Poynette area. She recently moved back to the area from Surf City, North Carolina where she received associate degrees in Culinary Arts and Hospitality Management at UNC-Wilmington. She spent her summers working on an offshore fishing charter. First building and operating a full service galley, then as the Chief Mate. This is Kimber's first career in the dental field and she is finding she enjoys it very much. Kimber enjoys being outdoors... fishing and fishing and a little more fishing. She is getting married in the fall to her high school sweet heart of 8 years.



Benefits Of Preventive Dental Care

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with cavities are more likely to weigh less than 80% of their ideal body weight. Even more disturbing is evidence that the effects of poor hygiene may be felt for a lifetime and may increase the child's risk of having low-birth-weight babies, developing heart disease, or suffering a stroke as an adult.

The following are some interesting stats derived from a Longitudinal Study of 736 adult participants.

1. Consistent brushing alone resulted in a 49% reduction in tooth loss compared to those without consistent hygiene habits.

2. Those receiving regular dental cleanings who also brushed demonstrated a 63% reduced risk of tooth loss compared to those without consistent hygiene practices.

3. Those who brushed, flossed, and received regular dental cleanings demonstrated 67% reduction in tooth loss compared with those without consistent hygiene practices.



Cavity Free Club GOOD JOB!!!

Great big congratulations to all of you who had no cavities last year. Keep up the good work.

Brushing and Flossing is SO important.

April, May, June 2009



Kavanaugh Steffes
Winner Of The Cavity Free Contest

Natalie Allison
Kameron Beneventl
Bryce Bjork
Blake Bjork
Callie Brouette
Erik Brouette
Mikayla Brouette
Trevor Brouette
Katlyn Claesges
Mackenzie Claesges
Madelyn Cook
Abigail Crotty
Sarah Daentl
Alexa Dunn
Lakota Eggleston
Lauryn Engelhart
Cody Jon Falk
Hailie Gilbert
Kaitlin Gilbert
Caleb Goldsworthy
Ariea Gorde

Cyndall Gorde
Piper Gorde
Carter Hunter
Connor Hunter
Karigan Hunter
Kira Jacobs
Dakota Johnson
Hannah Kallungi
Allison Kallungi
Brandon Kaminski
Cassandra Kaminski
Hayden Kinsman
Paige Kyburz
Avery Lehr
Graham Martin
Samantha Martin
Alexis Mast
Gracie Mast
Noah Mast
Ryan Mast

Tyler Mast
Brody Miller
Jameson Nedza
Olivia Nedza
Henry Pieper
Brenden Price
Jayden Price
Dylan Quade
Mya Ross
Tyler Ross
Jolee Ruch
Chloe Saalsaa
Hayden San Emeterio
Brooke Sankey
Justin Sankey
Anna Schaller
Brandon Schwoch
Alyssa Sell
Brett Sell
Kaia Shucha

Taryn Shucha
Joia Simonson
Rhese Simonson
Elana Solis
Julianna Solis
Ashlyn Solis
Martin Spinelli
Michael Szudor
Isabella Toth
Austin Triggs
James Triggs
Katlyn Triggs
Zachary Triggs
Avery Vanruden
Ashlin Vonruden
Ethan Vonruden
April Weatherbee
George Weatherbee
Jacquelyn Weatherbee
Alison Zeimet

Seal Out Decay

What is a sealant?

It is a plastic material (resin) applied to the chewing surfaces of the back teeth.

Why are sealants necessary?

The back teeth have uneven surfaces that are hard to keep clean and consequently hold food and plaque in some cases causing decay.

How long do sealants last?

Sealants hold up well under the force of normal chewing. They will usually last several years before reapplication is needed.

Can sealants protect against all decay?

Sealants protect the chewing surfaces. To prevent cavities from forming



between teeth, good oral hygiene is required. Daily flossing along with regular dental checkups and professional cleanings are also very important.

Who is a candidate for sealants?

Children and teenagers are primary candidates, however adults can benefit from sealants as well. Prevention is always better than treatment and can save money in the long run.

6 Ways To Stay Connected This Summer

- 1) Create a unique ABC Book with your child or family. Research an animal, food, or place for each letter of the alphabet. Have your child make a drawing for each page.
- 2) Call a grandparent. Have your child think of 10 questions to ask. Questions can be found by visiting: www.somethingtoremembermeby.org.
- 3) Visit a fun and educational website together. A nice one for younger children is www.starfal.com and older kids might like www.funbrain.com or www.gamequarium.com.
- 4) Create an emergency contact phone numbers page that lists everyone's home, work and cell phone numbers. Your child can decorate the page.
- 5) Discover how Wisconsin may be an Algonquian Indian word that means "long river," or a Chippewa/Ojibwa/Anishinabe word. "Ouisconsin," that means "grassy place," or "gathering of the waters" by visiting the site: www.enchantedlearning.com/usa/states/wisconsin/.
- 6) Think about your favorite television show and ask your child about his or hers. Make a connection between a real-life event and the action in the show. Example: "Patrick from **Sponge Bob** reminds me of your Uncle Jake. Duh..."

Watermelon Festival 2009

Mark your calendars....the date for the watermelon festival is September 12th. Watch for further information in the shopper as it develops.

Find The Watermelon Contest

Somewhere in the newsletter there is a hidden watermelon. Find it... circle it... and mail or drop the newsletter off at the office. Your name will be entered into a drawing for five Portage Theater tickets for your family to enjoy. Entries must be received by September 11, 2009.

Just For The Fun Of It!

While I was waiting to see the dentist, a woman came out of his inner office smiling.

Nodding to me, she said, "Thank goodness my work is completed.

I'm so glad to have found a painless dentist and one who's so gentle and understanding too."

When seated in the dentist chair, I related the incident to the doctor. He laughed and explained,

"Oh, that was just my Mother."

Upcoming 2009 Pardeeville Summer And Fall Events

Band Concerts: Angie William Cox Public Library on Main Street at 7:00 P.M

Dates remaining 7/16, 7/23, 7/30, 8/06, 08/13

September 5th- 6th Annual Pardeeville Car & Truck Show - Chandler Park

September 5th-7th Labor Day Weekend-Village-Wide Garage Sales

September 12th Watermelon Festival - Chandler Park

November 6th-7th Pardeeville Curling Club Screwball Bonspiel - Pardeeville Curling Club

Phone Numbers

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Visit our website at
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Office Hours

Monday 8 a.m. to 5:00 p.m.
 Tuesday 8 a.m. to 5:30 p.m.
 Wednesday 8 a.m. to 12 noon
 Thursday 8 a.m. to 5:30 p.m.
 Friday By appointment only

Office Information

Staff

Virginia Scott..... DDS
 Ken Binkley DDS
 Alan CFO
 Tina Office Manager
 Kelly Scheduling Coordinator
 Linda..... Community Relations

Melissa Treatment Coordinator
 Cheryl..... Treatment Coordinator
 Kimber..... Treatment Coordinator
 Cindy..... Dental Hygienist
 Callie Dental Hygienist
 Melissa Dental Hygienist

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